

Free vaccine for Year 11 and 12 students to protect against meningococcal disease

The ACT government is funding a free meningococcal vaccine to young people aged between 16 and 19 year olds in 2018 only. To date, this has been available through general practitioners. In semester two of 2018, the free vaccine will be available through the Schools Health Team when they visit the school.

Meningococcal disease is a rare but severe infection that occurs when meningococcal bacteria invade the body from the throat or nose and enter the bloodstream. The disease can progress very quickly and can lead to death or permanent disability.

Meningococcal disease is caused by multiple strains of meningococcal bacteria. This free vaccine protects against meningococcal A, C, W and Y strains.

Young adults and older teenagers are at increased risk of meningococcal disease. They are more likely to carry the bacteria in their nose and throat, and more likely to spread the bacteria to others.

To learn more about meningococcal disease, the meningococcal ACWY vaccine and how you can prepare for vaccination, visit:

<http://www.health.act.gov.au/our-services/immunisation/adolescents>



Being a parent is the hardest job we'll ever have. All parents at some time experience difficulties and stress.

Parentline ACT

is a confidential and free telephone and face-to-face counselling and information service.

Phone Parentline if you would you like:

- To talk with someone about those parenting issues.
- Help with some ideas on raising children.
- Support in the important job you are doing.
- To know what is available for parents, teenagers and children.
- To build better relationships in your family.
- Help to understand your child or teenager's behaviour.
- Make an appointment for a counselling session.

Parentline ACT.

Monday to Friday (except on public holidays), 9am to 5pm.

Phone: 6287 3833



College Sports

Term 3 Sports 2018:

Sports Page Code for google classroom is: tz5qde

Sign Up With Dave in PE and / or on Sports noticeboard outside Science staffroom

ALL PERMISSION NOTES ARE ON THE SPORTS PAGE IN GOOGLE CLASSROOM.

Thursday Afternoons:

- Oztag - MIXED, 2PM at ERINDALE COLLEGE v ERINDALE COLLEGE

One Day Carnivals: (Must Sign Up ASAP)

- Boys Badminton Wednesday 29th August
- Girls T20 Cricket Wednesday 29th August
- ACT Mountain Bike Friday 31st August
- Girls Badminton Wednesday 5th September
- Rugby 7's Wednesday 12th September
- ACT Athletics Tuesday 18th September

Indoor Cricket Wednesday 26th September