

Psychology A/T

This course provides students with an understanding of how humans think, feel and behave as well as an understanding of why people may make certain decisions. We explore the importance of early childhood factors on lifelong development through to understanding mental health and wellbeing, and the affect groups have on individuals' decision making.

Rationale

Why would you do this course?

This course is about understanding people and provides an underpinning knowledge of how and why people think, do and say certain things. This is an invaluable understanding to have in any situation – socially or at work.

Beyond the classroom, this subject offers you:

- Opportunities to design and conduct experiments
- Guest speakers
- Excursions
- Awareness and understanding of yourself and others
- Techniques to improve wellbeing



Learner dispositions

What type of person usually studies this course?

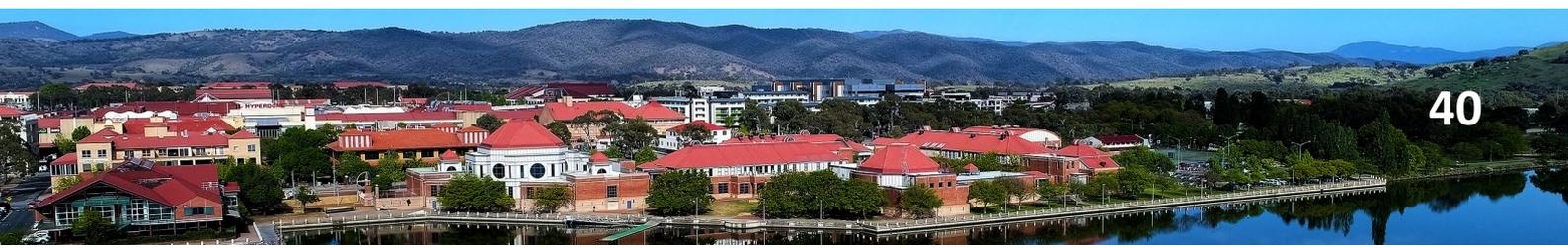
Learners who would study this course typically enjoy spending time with other people, observing and trying to understand their personalities and behaviours. They also like to research information and are intrigued by case studies and experiments.

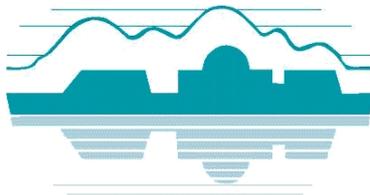
The study of Psychology provides continuity with many tertiary and industry courses. Learners who study this subject will often go on to work in/ study psychology, counselling, health and welfare, education, community services, human resources, policy and research, public relations, marketing and advertising.

Readiness

What courses or previous experience would make a student ready to study this subject at LTC?

You are ready to study this subject if you have sound research skills or are willing to develop them in your first semester of college. Psychology incorporates a range of skill sets from English, Maths and Science. This course is open to anyone who is interested in studying Psychology.





Content and Assessment Overview

In Year 11, students learn about the foundations of psychology. They develop skills which promote higher-order thinking and apply evidence-based research for understanding and interpreting human behaviour. Students learn to question and challenge assumptions about human behaviour. In Year 12, students continue to develop analytical and critical thinking skills.

Unit Breakdown and Course Pattern

Year 11: Units 1 and 2

Year 12: Units 3 and 4

Unit 1: Individual Differences

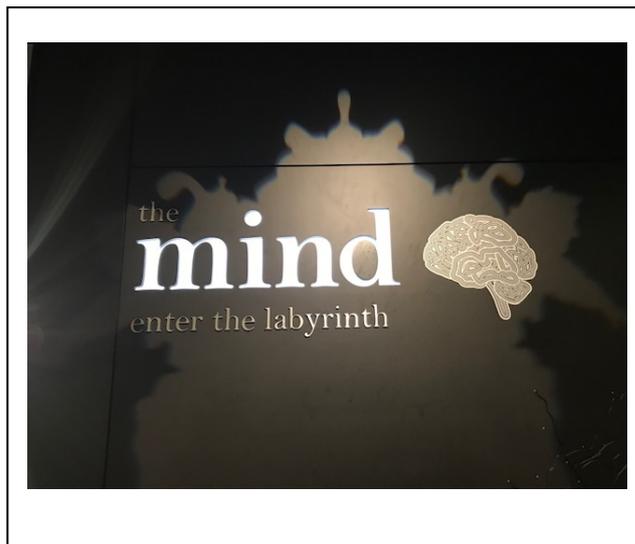
This unit focuses on individual differences in human cognition and behaviour. Students learn about theories related to child development, personality and learning to explain individual human behaviour as an outcome of influences and interactions. Students investigate the nature versus nurture debate; do genetic or environmental factors play a greater role in human development?

Unit 2: Into the Mind

This unit examines the biological basis of human cognition and behaviour. Students learn about mental processes such as consciousness and memory and answer research questions such as; what impact does technology have on the brain? Students explore how heredity, environmental and biological factors influence behaviour.

Unit 3: Psychology of Wellness

This unit examines the factors that influence physical and mental wellbeing. Students learn about theories, concepts and models related to positive psychology, mental health, stress, resilience and coping. Students explore how heredity, environmental and biological factors affect physical and mental wellbeing.



Unit 4: Psychology in Society

This unit studies the role of psychology in society. Students examine theories related to attitudes, social influence, stereotypes and prejudice to explain how humans think, act and feel in a social setting. Students explore how individual perceptions and interaction influence social relationships.

Types of assessment items:

- Research assignment
- Experimental report
- Film analysis
- Workshop/ Oral presentation
- Exams

For more information, visit the BSSS website, speak to the SLC of **Business, IT & Social Sciences**, or visit the LTC website: http://www.ltc.act.edu.au/Learning/unit_outlines

